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Photo: Kingman / rider: Klarich

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**I**t has taken four years, but *Flight* is beginning to take shape into what it deserves to be. We finally have some color! A special thanks goes out to Calabria Boats who stepped up to make this possible at the last minute. They are the first company to promote a boat geared directly at foilers. Check it out. Tell them you saw it in *Flight*.

You may also notice that this issue is our biggest to date! Numerous people are lending their words and photos as you can see in our new credits section at the right on this page. Keep it coming! We also have more advertisers than ever. Scott Honkala has turned his passion into business with Hydrofoil, Inc.! More schools and shops directed at foilers are great for everyone. ADN2000 is a central California shop promoting foiling, and is once again putting a Big Air Festival this May.

Speaking of contests, check out *Flight's* Event Guide. There are more foiling events already planned this year than in the past two years combined. The INT-League is getting involved with events in Southern California and Tennessee. Ron Young continues to promote events in the Great White North (Alberta, Canada), with the Crane Lake Hydroholics. Several cash tournaments like the Palmetto Invitational in South Carolina are starting to pop up. More competitions drive up riding levels. It won't be too long before the all top riders will be gathering several times each year to compete for cash all across the nation.

The Fly-Ins are really starting to kick into high gear. They help to promote this sport in a unique way. These good time events are about learning and having fun with others who share the same passion. This year's schedule includes Florida, Tennessee, Texas, and Arizona. Many more mini-fly-ins are sure to pop up along the way too. If you can't get to one in person, check out the Great Canadian Fly-In video to get a feel for what they are like.

*Tony Klarich, D.C.*  
publisher

## INSIDE FLIGHT 4.1

### tips&tricks

Backside Roll...8

Tail Grab Tips...10

Learn the Reverse...11

Stretching...12

### Features

The Top 10 Riders...13

Competition Guide...18

Trick List 2000...22

**X News...24**

**Marketplace...26**

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## Flight World

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**Cover Photo: Nino Iodice by Ian Lauder**    **Note: last month's cover also by Lauder!**

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## High Chair II

Here is my high chair! The black markers on the strut are to indicate the height to the observers in the boat so that they can tell me exactly how high I am, as you can imagine how difficult it is to judge from the chair. The idea of making a tall chair originated, believe it or not, from the opposite, i.e. making a smaller chair. Some years ago our children were desperate to have a go on our first air-chair but their feet could not reach the toe loops from the chair. So being a pattern maker I decided to make a small air-chair using the original foil but making a small ski and seat that they mastered in no time.

One weekend whilst riding the chair, we were noticed by a TV director who asked if we would like to be featured in a program introducing air-chairing. We agreed and they showed the whole family including the children on their own small chair!

Regards,

Willie Blair



Riding High on Loch Lomond, UK



Ground Handling Test Pilot, Molly

## What is It?

A few years ago I saw an article in *Water Ski Magazine* about building a disc, so I tried it. My first model worked well, but there is always room for improvement, so I added fins and a tow-rope for stability. It worked. The next year I came up with the idea to attach a chair to the disc and that worked too. The year after that I got the idea to turn my evolving project into a "Flying Saucer Patio Chair". So I added a 2x12 as a leading strut and attached a "Doel Fin". In the back I used two 2x6 rear struts, with the horizontal foil fashioned from a saddle. I attached the

rear foil with wire rope and threaded rods for more support. The final touch was a pair of combos, which I thought would help out in the turns. Well, on the maiden voyage the tow boat gave it a little too much gas and I went flying up into the air (IT REALLY LAUNCHED)!!! I caught my leg in the plastic chair and couldn't walk for a week! The next summer I broke three ribs on another invention. So I can't wait until this summer to do it again with a wee bit less power on take off. And then, Bob & Mike: "Watch Out"!!!

Irv Mandelberg

## Flight Worlds 2000 Update

The Flight Worlds continue to look better and better. We have already secured more sponsorship dollars than for all of last year's event! Mastercraft Boats, Air Boom, Sky Ski, and SportsCare have already said yes, with many more to join soon. Every bit will help as the budget for the event this year is over \$100,000! That's five times bigger than last time. More than \$20,000 in cash & prizes will be going to the athletes! With all this hot action we have secured TV with ESPN and ESPN2. The "Sick Trick" contest is sure to be a highlight, pitting top foilers, wakeboarders, and FMX riders head to head. With events like this Dr. Terry Weyman will be on hand throughout the weekend leading a world class team of doctors and health professionals to care for all the athletes. Look for more Flight Worlds info here in *Flight* and posted to the web soon. See ya there!

**Flight Worlds 2000**  
hydrofoil ☆ wakeboard ☆ FMX

www.flightworlds.com

## Oh Canada!

Ron Young has been very busy promoting the sport of hydrofoiling. His latest endeavor has paid off big with Waterski Alberta, the organizing body for water skiing in their Canadian Province.

Ron and Gord went in to Edmonton to the annual planning session for Waterski Alberta. It was the first time Waterski Alberta had hydrofoil representation. Things went well. Reports Ron, "At lunch we played the Great Canadian Fly-In video. After that we could have asked for the moon!



Top Canadian M. Troy Gratton

photo: Ian Lauder



I made it clear that our primary objective was to help build a bridge between the conventional waterski community and the hydrofoil community. Everybody thought it was a great idea!

As a result of our meeting with Waterski Alberta the Crane Lake Hydroholics are going to be featured very prominently in the literature for the boat shows and in the next Waterski Alberta newsletters! We will also qualify for club insurance as well as workshop and tournament funding! We should have a couple of executive members of Waterski Alberta participating in our workshops, and we'll dazzle them with our tournament. We came home happy!" *Ron & Gord*

## Gath 2000

Gath continues to be the most popular helmet for hydrofoiling. Now they are even better with these Y2K improvements: 1) New full liner... no more voids at lower back and sides of the helmet. 2) New, improved adjustable audio & temperature vents. (First generation adjustable vents tended to pop-out on hard landings...the rider was OK for that fall, but needed to install new vents before the next hard fall. New vents can be fitted into Gath with first generation adjustable vents... but not for original Gath with slot vents.) 3) New sizes: XS & XXL. New color: High-visibility Yellow in addition to White, Black & Gray Swirl. (Limited quantity colors: Blue & Red) Some riders are opting to have their Gath helmets airbrushed, and the results can be awesome!

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Tony Klarich  
Gath rider since 1995

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## Upcoming Events

May 20, 2000 "NorCal Big Air Festival"  
Santa Rosa, CA - Wakeboard & Hydrofoil  
ADN2000: 707-838-0101

June 8-12, 2000 "The Tennessee Fly-In"  
Byrdstown, TN (off Hwy 111)  
Sunset Marina & Resort 931-864-3146  
Houseboats, Cabins, Camping  
Steve McCrary: 615-865-2359  
Mark Pilkinton: 615-860-0918  
Rob Plamondon: 931-528-2441

June 17, 2000

"The Second Annual Palmetto Invitational"  
Pro Wakeboard, Kneeboard & Hydrofoil  
Bennettsville, SC - Lake Paul Wallace  
\$600 purse for foilers, Max. 10 foil entries  
Bill M. Dean: 704-869-0360 www.gripsort.com

### "So-Cal INT-League Series"

July 22, 2000 - Tricks & Big Air  
August 19, 2000 - Free Ride & Big Air  
\$\$\$??? Ted Rupp 909-246-9505

### Weekends in July: "Learn to Foil"

Crane Lake Hydroholics, Alberta Canada  
Ron Young: 780-594-2542  
www.coldlake.com/hydrofoil

July 22-23, 2000 "2nd Annual Texas Fly-In"  
Brazos River just South of Weatherford, TX  
Todd Spitz: 817- 475-3753 (days)  
Todd Kyser: 903-566-2793 (evenings)  
dizzyair@hotmail.com www.texasflyin.com  
Hotel: Super 8 on I-20 at Hwy 171 (817) 594-8702

Aug. 19-20, 2000

"Alberta Hydrofoil Championships"  
Crane Lake, Alberta, Canada - Ron Young (above)

### TN INT-League Hydrofoiling

Dates TBD. Contact the State Coordinator:  
Glen Mitchell 615-824-7593  
skiintn2000@aol.com

Sept. 6-10, 2000; "Flight Worlds"  
Lake Elsinore, CA

Sept. 15-17, 2000; "Sky Ski Fly-In"  
Parker, AZ - Bluewater Marina

Events subject change. Call the event organizers directly to confirm dates and locations!

Join the Free Flight E-mailer for more detailed info and links for all these events:

www.flightworlds.com

Having an event? Get it listed here!

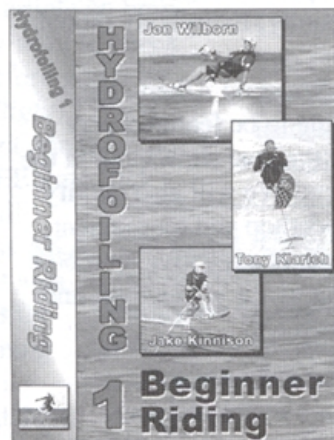


## Hydrofoiling 1 & 2 Video Reviews

If you have anything to learn in hydrofoiling, you need to check out these videos! It's about time that someone put together a quality instructional product for the sport that just celebrated its 10 year anniversary. Hydrofoiling 1 & 2 have been worth the wait. The footage was shot during the 1999 Canadian Fly-In, and almost every trick being done today is covered in detail.

**Hydrofoiling 1** is perfect for people just getting into the sport. From equipment tips to starts, riding, jumps, and a gainer dismount, this tape has the right stuff. If you plan on teaching any beginner riders you should also tune in because the tips given by the pros will speed up your teaching process too (remember that teaching someone how to ride is also an acquired skill!)

**Hydrofoiling 2** is the long awaited guide to learning all the inverts you have been seeing for years. Intermediate to advanced riders will find this step-by-step video guide a "must have" for learning new skills. All the basic inverts are explained from pro riders Tony Klarich, Jon Wilborn, Jake Kinnison and more. Klarich's "4 Steps" to learning any trick are also include. These are invaluable tips.



Hydrofoiling's Best Instructional Videos

Both tapes show the tricks from multiple angles and in slow motion so you can really see what's happening. The instruction comes directly from the pros. It's interesting to hear how the tips given keep hitting on the same key points. Because each rider has their individual approach to learning a new skill, and way of teaching it, you are sure to find tip after tip that you can apply instantly to your riding! *Flight* highly recommends getting these videos!

## Beginner Q & A

We have attempted to ride the sky ski several times with no success. We would value any tips regarding boat speed, rope length, body position etc. Thank you.

From: ACI SHIFT MAINT  
[mailto:acishift@hotmail.com]

### Anyone new to the sport should start here:

- Go to the sky-ski web page [www.skyski.com](http://www.skyski.com): very important tips and much more!
- Purchase Hydrofoiling 1 & 2 instructional videos: the best educational videos out there.
- Subscribe to *FLIGHT*. It is chock full of information and is very well written.

As for us, when I am teaching someone for the first time this is what we do...



Arms Straight When Learning to Start



Raise the Handle and Lean Forward

Please note that I am not a professional, and if some one else says something different you should try that too! You will get up and then you will become addicted. This I am 99.9% sure of!

1. Rope length should be a little shorter than normal when learning this helps pull you up a little (about 10' off of normal or about 55').
2. Use an open bridle handle so that the ski can be held centered by the handle. (use deep-V only when learning).
3. Keep your elbows locked straight (always until you are past the beginner stage).
4. Hold the handle right on your knees with your hands on either side of your knees. This puts you in the proper laid-back position to start. (holding your knees and letting the pull on the rope keep your knees in line with the rope.)
5. Have the driver start you out gradually with a top speed of 10 to 15 mph, depending on your weight (faster for a larger person)
6. After the foil has started planing out, raise your hands three inches above your knees.
7. Lean forward (elbows still locked) to keep the ski on the water.
8. After riding with the ski in the water comfortably for some time lean back slightly and start learning to ride with the ski no more than 1 foot out of the water.

I am always looking for a foiling partner!

Kevin Haulotte Sedalia, Missouri  
(via Hydrofoiling's Listbot)



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Canyon Lake, CA



# Backside Roll

A good pre-requisite to a wake backside roll is a wake dismount gainer. Once you've mastered that, (landing at least eight-out-of-ten), it's time to hold on to the rope. You want to approach a backside roll in the same manner as the dismount, e.g., ride the board high, get a good dip, and throw your feet over your head. Only now you're not going to let go of the rope. This will change your rotation. Your first instinct, when this happens, will be to let go. **DO NOT LET GO OF THE ROPE.** You want to think about handle position as well. It should be kept low and be pulled in close to the body. Line tension is important. Getting a sense of where you are during the rotation is also very important. You don't want to just throw the trick and wait to see what happens! You have to focus on what is taking place. Immediately after initiating the roll,

watch for the water. The sooner you spot the water, the better. Now you can correct any bad body language that may be happening (arms out or over head, etc.).

## *My five steps to landing a backside roll*

**1. Wake Approach.** Position yourself approx. 5-8 feet outside of wake. Drift into the wake, do not cut. Ride the board high, and dip down just as you would if you were going to jump the wake. When you see the board touch the water, kick your feet up and over your head. Do not throw the board sideways. This will result in a crooked landing. Remember that you'll land in the position you take off from.

*with Teresa Wilborn*



sequence photos: Kingman



**Keep Good  
Line Control**



**Spot Your Landing.  
Look for the Water**



**Air Sense: Recognize  
Where You Are.**

## Mike Mack's **HYDROFOILING HEADQUARTERS**

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photo: Kingman



**2. Air Sense.** Recognize and pay attention to where you are, and what's happening during the rotation. This can be hard at first, but it becomes much easier with practice.

**3. Handle Position.** Keep your arms in close to your torso. That will help you to control the line tension.

**4. Spot Your Landing.** Mid-way around, start looking for the water. The sooner you can do this, the better.

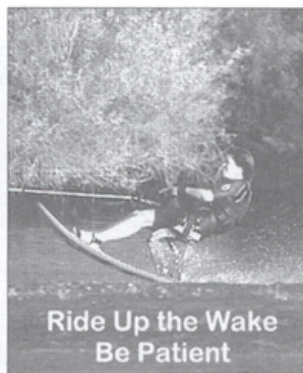
**5. Landings.** If your handle is where it should be, you'll land the trick and be able to let your arms out just a little. However, if your arms are extended, or they're over your head, etc., the slack may pull you out the front.



Hang On to the Rope.  
Keep Your Arms In.



Throw Your Feet  
Over Your Head



Ride Up the Wake  
Be Patient



Get a Good Dip



## View From the Boat with Damien Klaas



Brian Vesely in the  
Flats with One Hand

Expand your backrolls  
by adding some style.  
First try one handers.

Next, go for tower  
grabs. You can even  
grab the board or add a  
nose poke. The varia-  
tions are unlimited!



Seat Lift

Damon Moore  
with the Gift of Grabs



Tail Grab

## Mistakes that can result in under-rotation

1. A weak jump: not enough air needed for rotation.
2. Throwing from the water, and not jumping first, will also result in under-rotation.
3. A weak rotation. The opposite can also occur; over-rotation may be a result of throwing the rotation too hard. These are the types of things you have to pay attention to.

It's a good idea to wear a helmet while learning this and other tricks. Good luck and remember practice is all it takes!

-Teresa Wilborn, Sky Ski Team Rider

Boat speed will vary depending upon your ability.  
I found that 22-24 mph worked best for me.

start

start



## Tail Grab Tips

with Tony Klarich

One of the easiest places to grab your board is on the tail. Work up to the tail grab in steps, just like you would with most other new tricks. I think that it's best to learn this one during a wide jump because you will have more hang time and less line tension.

The best wide jump to master before trying the tail grab is the McThruster (see fall '99 Flight for complete instruction). During the peak of the McThruster your shoulders move back and your hips move forward. See the photo to relate how this puts you in a position to easily reach the board (even if you aren't very flexible!). Now before you actually go for the tail grab do a few more McThrusters, concentrating on good form. As you reach the top of your jump, let your outside free hand move down toward the board. Do not try to look down, as you will surely fall. Don't force it! At first just relax and let your fingers do the walking. After a few tries you will be surprised to see that the deck is fairly easy to touch with the proper form. Just try to touch or slap the tail the first few times. As you become more confident you will be able to grab with your fingers on the bottom and thumb on top. To land your move, make sure to release early. Get the tip of your board back up by crunching your stomach. This will bring your knees up and shoulders forward. Get the board pointed in the same direction you are travelling and try to get both hands on the handle.

As you advance you can also tweak the move with your grab. I like to dip my tip and turn it in towards the boat by *actually pulling up* with my hand. It gives a whole new feeling to your riding when you actually control some of the movement of your board with your hand.



rider: Warren Posey

**Practice McThrusters Before Trying Tail Grabs**



**Try Both Ways, But Inside Grabs Look Better**

## Tail Grab Variations

It is easier to do an outside grab with your outside jump, however, the good looks of this move often diminish because your face, arm, and hand are often blocked to those watching in the boat! The solution is to do an inside grab. Now your boat crew has a perfect view. It's easier to do inside grabs if you practice outside grabs on both sides first (wide jumps). Then you only have to change your body and handle position just a little to increase the visual excitement of your tail grab.

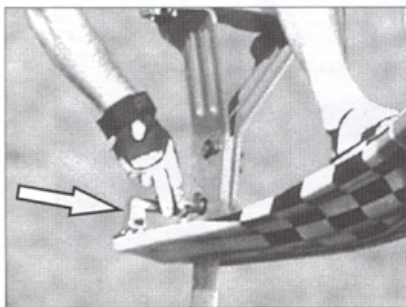
DMV has come up with his own variation called the cross rocket tail grab. To do it he reaches back, down, and across to the other side of his board.

You can combine elements by adding the tail grab to inverts. Try it with laid out gainers first, because you're already in a position to reach the deck easily. Several riders have also added the tail grab to FS and BS rolls.

**Grab Master Stack Reaching Back**



**Damon Coming Off a Laid Out Gainer Tail Grab**



Check out my do-it yourself grab bar. I bought a toilet paper holder and mounted it up to my deck. It made tail grabs even easier because I didn't have to reach as far. I have recently taken my bar off the tail and have plans to move it up on the deck near the rail, just behind my foot. I don't have the flexibility or arm length to do method grabs, and figure this will be my key to success!



all photos  
this spread:  
Kelly Kingman



## Tail Grab Trouble Shooting

**PROBLEM:** Can't reach the board.

**SOLUTION:** Go back to the McThruster (no grab) and concentrate on getting your hips forward and shoulders back. Your body should be in a straight line from your knees up.

**PROBLEM:** I make the grab, but have problems landing.

**SOLUTION:** Concentrate on a good jump first. This is the key to a good landing. If you focus too much on the grab, you often change everything about the jump.

**PROBLEM:** I can only grab for just a second.

**SOLUTION 1:** First remember that the grab should flow with your jump, and not be the focus. In other words, don't force it. Try to ease into a grab as you are still climbing with your jump. Your hand should be firmly in place as you reach the peak, and then make a smooth transition off the board as you are coming back down.

**SOLUTION 2:** Remember that bigger jumps give you more time to grab. It's probably time to get back to basics with straight jumps. Learn how to take them bigger with a harder cut, and quicker pop. This will give you more hang time, and produce a move that is exciting in many ways.

## Lead & Spot

with Bob Rowland

To land an inverted trick on a hydrofoil you must have the foil directly under you when you land. The best way to accomplish this is by spotting your landing. To do this you must lead with your head. Whatever way that your head moves or turns your body will follow.

I have found that the sooner I spot the water, the easier it is to land a trick. When you are at the apex of your inverted trick your eyes should be focused on the water where you are going to land.

At that split second you must make the decision to either speed up your rotation if your invert is low or slow your rotation if you're going big. Doing this is especially important when you need to adjust for boat speed, water conditions, and crowd pleasing heights!



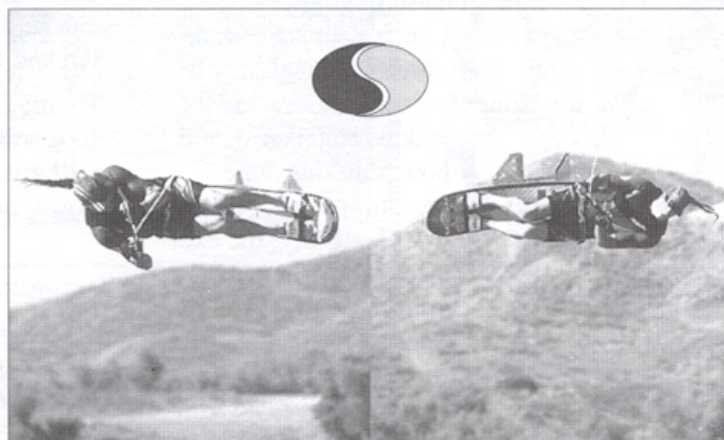
**It Takes Concentration to Get a Good Spot**

## Learn the Reverse with Jake Kinnison

Going about learning reverse tricks is much easier than learning the tricks for the first time because technically you already know how to do the trick. To prepare yourself mentally you need to see the trick in your head from beginning to end. Not only do you need to envision the initiation for each trick, but also envision landing, and riding away as well. When you are ready to take it to the water the first thing you should do is slow the boat speed down about 5mph slower than your regular speed, or about 20mph. Learning new tricks at slower speeds makes the learning easier and quicker, and the crashes will hurt a lot less. After you have completed some reverse tricks it is

necessary to do them every time you ride, instead of neglecting them for the more fun "regular" side tricks. In time your reverse side and your regular side will become indistinguishable and they will become equally fun! One big advantage to learning reverse tricks is that it will add

considerably to your "air awareness" and will make learning more tricks easier than ever. Reverse tricks are important not only because they will double your current trick list, but also because you will look like a much more complete rider if you are doing your moves off both wakes. Plus, there is no better way to unwind your rope!!



**Performing Reverse Moves are a State of Mind. Try to Avoid Saying "Off Side" or "Weak Side"... Say It Enough Times and It Will Come True!**



# Stretching

## The Key to Peak Performance

by Dr. Terry Weyman

### Tips from the Doc

this process better, sit on the ground and try and touch your toes. Then try

again after performing a ten-minute warm up and see how much easier the task is to perform.

Stretching exercises have both short term and long term benefits. In the short term, stretching increases the joints range of motion, improves the ease of muscles in crossing the joints, and increases the blood supply to the soft tissue. These immediate changes, which enhance performance and help prevent injury, by themselves justify the need for stretching, both independently and in conjunction with daily exercise and training. Long-term benefits include enhanced comfort and better functioning of the entire body.

**"a regular stretching program can increase athletic performance by as much as fifteen percent"**

If you truly want the added fifteen percent increase in your performance level, then your success depends upon three factors: how often it is done (frequency), how hard it

is done (intensity), and how long it is done (duration). To develop true flexibility, the exercises should be part of your daily routine. If a Sports Physical or Performance Enhancement exam has revealed limitations in a particular area (the hamstrings or lower back, for exam-

ple) exercises should be done twice a day for that area (providing your sports practitioner approves). Intensity in a flexibility program refers to how much the muscles stretch during each exercise. Several theories exist on intensity. The one I hear the most is "no pain, no gain", meaning stretch till it hurts. However, if you follow this school of thought you will get worse instead of better. By pushing the muscle into the "pain zone" you elicit the stretch reflex which is a guarding mechanism. This reflex will actually shorten the muscle, which in turn can cause a strain to the muscle you are trying to relax. Instead of pushing a muscle to the point of pain, the athlete should stretch just until feeling the point of tension, known as the action point. By not overstretching the muscle, athletes can relax while stretching and thus hold each position longer.

Opinions as to how long a stretch should be held (duration) vary tremendously depending on the source. Recent research points toward the most benefit from holding the stretch for a full sixty seconds. This is because it may take between twenty to forty seconds for the muscles to relax fully. By holding the stretch for sixty seconds, the athlete can be assured that tight muscles, tendons, and ligaments are being stretched slowly, with a minimal chance of injury. However, benefits can be gained with stretches between ten and thirty seconds.

By implementing a regular stretching program your athletic performance will go up and your injuries will go down, not a bad trade off.

*Dr. Terry Weyman is nationally known as the "water ski Doc". He has traveled with the Professional tour and written numerous articles relating the water ski injuries and prevention. He is the Clinic Director of the Chiropractic Sports Institute and C.S.I. Performance Enhancement Clinic in Westlake Village, Ca.*

Stretching may be the difference between pleasure and pain, first place and last place, or movement that is fluid or rough. Most athletes take an uninterested approach to stretching or as I like to call it, flexibility training. Yet research reports that a regular stretching program can increase athletic performance by as much as fifteen percent. A proper warm up will increase athletic performance just as a proper cool down will reduce overuse and chronic sports specific injuries.

Serious athletes should perform some form of flexibility training daily to increase joint range of motion, promote circulation, reduce muscle stiffness and prevent common injuries such as strains and sprains. Most athletes understand the principals of a proper stretching program however, they forget that stretching should not be performed until the body is properly warmed up. Before beginning a flexibility program, gently warm up the muscles that will be used by using a light repetitive activity such as fast walking, jumping rope, slow bike ride or a slow jog. A good rule of thumb is to gently exercise until a sweat first breaks out. This activity assists the stretching phase by increasing the blood flow to muscles, ligaments and tendons and making them more pliable. To understand

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FOILING IS FINALLY STARTING TO DEVELOP PERSONALITIES.

## THE Top 10

This list is a reflection of those riders who represent the best of what foiling has to offer. Undoubtedly, there are some surprises...those who did or did not make the top ten. But remember, we finally have enough great riders to make selecting the top ten very difficult. To choose the *crème de la crème* (10 men and 3 women) *Flight* has polled numerous industry insiders, has taken nominations via the Internet, and has developed a criteria for what it means to be a top ten rider. The breakdown includes titles, creativity within the sport (new moves), press coverage, air, degree of difficulty, technical range, and contributions to the sport. See our chart for the complete rankings.

### 1

## Tony Klarich

Tony Klarich continues to help drive this sport into the future. On the water he has invented more popular moves than anyone including the frontside roll, skidder, wrapped heli, numerous combos, and many more.

Klarich doesn't just land these moves, he presents them with style that makes them look deceptively easy. He continues to promote the sport through *Flight World Magazine* and the Flight Worlds.

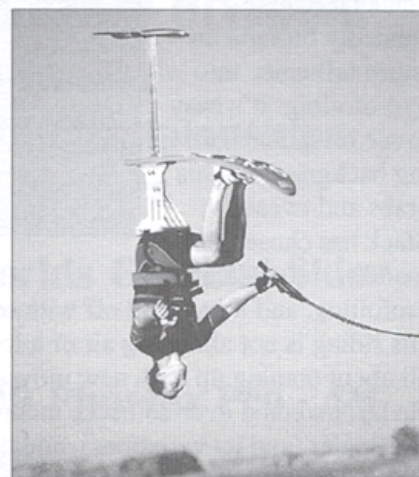


photo: Kingman

- ★ 5-time Pro hydrofoiling World Champ
- ★ Flight Worlds pioneer, event organizer
- ★ Innovator of over 30 moves

### 2

## Mike Murphy

The Pinto is riding high. Sky Ski has energized the sport and Murphy's personal dedication is the key. Mike was the co-developer of the sit down foil in 1989, and has put in hundred of thousands of miles promoting the sport at clinics, demos, and boat shows. He's ridden on TV for Discovery, ESPN, CNN, and countless others. Maybe you also caught the Pinto in Meatballs 3, flipping it up at summer camp. His photo and story also appeared in *Sports Illustrated* in 1981. Even though Murphy has been at foiling longer than anyone (30 years), he continues to excel. He fought off all challengers to win the Air Boom Big Air contest at the 1998 Flight Worlds with a leap of 17 feet! If there had been an overall title he would have tied for first place with his nephew, Tony Klarich. Keep going Mike, the Pinto isn't ready for the barn yet!

- ★ Co-Inventor of the sit down hydrofoil
- ★ First one to ride away from an invert
- ★ Flight Worlds Big Air World Champ



photo: Lauder

### 3

## Mike Mack

where the sport was pioneered, and continues to develop the sport through his innovative riding, lessons, and equipment knowledge. At 43 Mack learned his first roll and continues to improve with numerous inverts and super-stylish riding. Coming from a surfing and skiing background, it's easy to see the flow in his riding; how he is in touch with the water, air, and his ride. Mack continues to give lessons, now drawing people from all over the world to his specialty school for foiling. He has the ability to get into riders' feelings and thoughts. From beginners to advanced riding Mack has made a big impact in the foiling community. Mack knows his equipment, especially foils. His tuning skills are world class, and his understanding of even slight modifications is mystical. Mack is truly a pioneer in all aspects of foiling, and is sure to be inducted into the Hydrofoiling Hall of Fame.

Mack has been into foiling since day one. He lives on the Parker Strip



photo: Kingman

- ★ 3-time World Champ
- ★ #1 Foiling School
- ★ Equipment Guru



4

## Ron Stack

Stack has single-handedly brought an entire influence into hydrofoiling. It's easy to see his wakeboarding background in his grabs and tweaks.

Stack has chosen the road less traveled in hydrofoiling, and it has paid off with one world championship. His riding is not about big air or a lot of inverts. To him it's all about coming up with new moves and doing it with style. He has invented over 25 tricks including most of the grabs, the floater (and its variations), and the Colonel Saunders. We also have Stack to thank for our increased hang time. He was the inventor of the world's first extended pylon, the Air Boom. Today the "Big Cheese" continues to help advance the sport and look for new ways to make riding fun.



photo: Kingman

5

## Damon Moore

Damon Moore is one of the most explosive and exciting riders on the water. From his huge laid out front flips, to combos galore, this guy has the right stuff. He is the current mens open free ride world champ. While it is impossible to say who goes the biggest of the big air riders, Damon would be right there hanging it out every time. Moore has also traveled the country giving demos and lessons. He was one of the first "younger" riders to cross over from kneeboarding, and has encouraged others to do the same.



photo: Kingman

5

## Jon Wilborn

People get excited when Wilborn gears up. His big air style is noticeable in his riding. With "stones the size of grapefruit", there is no holding back. He is a Big Air pioneer, being the first to ride over 30mph. It's full speed, balls to the walls, and go for broke. He undoubtedly takes the prize for the most and best bone crunching wipe outs. It's not uncommon to see a helmet, seat pad, or even foot pad come floating up after one of his falls. But all this crashing has paid off. Wilborn was the first one to complete a double rotation dismount, and has even ridden away from a "222", double back flip. He co-developed the Shock Tower and has been instrumental in getting Sky Ski off the ground.



photo: Kingman

7

## Geno Yauchler

Yauchler has been a top foiler for several years now, and continues to impress. He set the record for continuous



flips in 1996. On the water Geno's style is a mixture of difficult tricks, big air, and a smooth style. He is currently the best at combos, nailing 4-7 without problem. He has even made 10 in a row. Yauchler has performed countless exhibitions at Cypress Gardens, and even rode for crowds over 100,000 at Unlimited hydroplane races over the past few years.

8

## David Hedley

Our man from down under is raising the bar. Hedley has been foiling in ski shows all over the world since hydrofoiling started out in the early 80s. He currently works at Sea World on the Gold Coast of Australia. Foiling isn't the only thing Hedley excels at, he once set the record for the highest barefoot start at 87 feet. He is currently in negotiation with Guinness World Records to reclaim his title with a 100' start! His top foiling moves include a gainer combo in the flats, and huge hand to hand helis that have been winning Australian big air contests against foilers and wakeboarders! Hedley is ready to land a double front flip any day now, and has been trying them consistently. He lands on the foil, but has not yet been able to hang on to the handle. David is sure to raise a few eyebrows as he leads a group of Aussies coming to the Flight Worlds.



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**1998 Flight Hydrofoil Worlds**

**1998 Florida Hydrofoil Championships**

**1999 Swiss Hydrofoil Masters**

**1st place overall 1999 Worlds Greatest Skier  
contest - Zane Schwenk**

**1st place Hydrofoil division, 1999 Phoenix Pro - AM  
Big Air Contest - Thomas Freeman**

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**Dave "the dog" Reinhart**

**Tony "the Joker" Klarich**

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9

Jake Kinnison

Kinnison brings a lot to the sport, both on and off the water. He rides great, is an excellent mentor, and has an incredible attitude. His riding is smooth, consistent, and very relaxed. Jake is great at most of his reverse tricks too. You can tell when he rides what a blast he is having. It's contagious! He's probably one of the most recognizable on the water with his long hair and trademark hat. Jake quit his former way of life to pursue a career with Sky Ski and constantly encourages and promotes the sport.



10

Todd Kyser

Todd Kyser is mild mannered, and super easy goin'. He is one of a handful of riders who can pull off a heli on either side of the wake. His genetic advantage comes in the grab department with long arms and flexibility that allow him to grab the tip of the board on a gainer (he calls this one the "flying Dutchman"). He does most of his other inverts with grabs too, and was one of the first to perform floaters. Kyser rides on Lake Tyler, TX where there are several top riders who push each other to improve.



## Honorable Mention

**Chip Reihl** would have made the top ten if it were based on votes. He must have received 100 votes for the top ten. He is quite the ambassador doing numerous exhibitions and boat shows. He also throws some mighty big inverts.

**Kevin Thayer** always puts on a good show, throws lots of tricks including combos, and cheese. Kevin is a hard core Air Junky always ready to go big.

**Scott Honkala** has some really trick genes. His style runs the range from cheese to expert, and everything in between. He has currently turned his passion into a business, starting Hydrofoiling, Inc!

**Thomas Freeman** is one of the latest up and coming riders. He nails combo gainers, and was the first to land Double D's in the flats. A diamond in the rough, he's one to watch.

**Brian Vesely:** is a constant presence on the River, and is always helpful and friendly in teaching others.

Plus, he looks good in print and on tape. The video-tape does not lie...Brian is indestructible. (Except when he tries to ride something without a foil on it.... what was he thinking??)

**Nino Iodice:** is the #1 European rider. Hailing from Italy, Nino has a serious trick list including combos, big air jumps, and more. He has a go for it attitude, and is the man to beat "across the pond".

**Dustin Vasquez (AKA DMV)**

Anyone who knows Dusty, knows his desire to learn new tricks. In just 4 years he's made a name for himself with his signature "cross rocket tail grab", laid out gainers anywhere, combos, floaters and more. He is always trying new tricks and cheese to keep his riding interesting.

*Others who deserve mention* include Peter Nelson, Dean Lavelle, Zane Schwenk, and Bill Kinnison.

		titles	creativity	press	air	DOD	range	contrib.	TOTAL
1	Tony Klarich	5	5	4.5	2.5	5	5	5	32
2	Mike Murphy	2	3.5	5	4	3	4	5	26.5
3	Mike Mack	3	3.5	4	2.5	3	3.5	5	24.5
4	Ron Stack	1	5	3.5	1.5	4	4	4.5	23.5
5	Damon Moore	2	3	3.5	5	4	3	2.5	23
5	Jon Wilborn	0	3	4	5	3.5	3	4.5	23
7	Geno Yauchler	2	2	3	4	4	3.5	3	21.5
8	David Hedley	1	2	3.5	4.5	3.5	3.5	3	21
9	Jake Kinnison	1	3	2	4	3	2.5	4.5	20
10	Todd Kyser	1	3	2	4	3	3	3.5	19.5

Here's how  
*Flight*  
Arrived at  
the Rankings



# 1 Cheryl Roberts Top 3 2 Teresa Wilborn

Cheryl Roberts was the first lady to ride away from an invert in competition (a backside roll). From there she moved on to air rolls, front rolls, gainer dismounts, and even front flip attempts. She has always had the inside track, training with Murphy in the early 80s (she also drove for his first invert). Cheryl is not afraid to try anything and is sure to dominate womens riding for a few years to come. She is the current womens Tricks World Champ.



Teresa Wilborn has been a fantastic promoter for womens riding. Her constant motto is that if the guys can do it, so can the ladies. She has proved her worth with backside rolls and beautiful gainer dismounts. She constantly promotes the sport on-line, at events, and has an open door for those wanting to learn more on the water. She has been a friendly face (along with her family) at most of the Fly-ins. She is also the current womens Free Ride World Champ



photo: Kingman

Catalina Queen  
Mary Murphy  
has been referred

## 3 Mary Murphy

to as the "First Lady of Foiling". Her 50+ mile ocean going trips to Catalina have become the stuff of legend in the foiling community. She has received more press and TV coverage for hydrofoiling than just about anyone. She has also helped to inspire many riders, young and old, who say "if she can ride, so can I!"




### Honorable Mentions

**Laurie Peterson**  
top competitor

**Ingrid Buxton**  
ladies' pioneer


**Shonna Klarich**  
first womens world champ

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## Flight Worlds 2000 Competition Guide

This year's Flight Worlds promise to be bigger and better than ever! There are many exciting developments already occurring. We have secured TV coverage with ESPN / ESPN2. Many sponsors have already signed up. With the addition of freestyle Motocross (FMX) and pro level wakeboarding, Sunday's events will be more extreme than ever. The popularity of all three sports in the local area will be a great draw for the fans. Hydrofoilers can enjoy the fact that this event started around hydrofoiling, and will always have top priority for those who want to participate.

### General Information

All equipment must be pre-approved and free from dangerous additions. All riders must use both heel loops during the entire runs. Foils may not be excessively sharp and must have a safety pin or other locking device. No additional length may be added to T-Bars. The safety director will have the final say on equipment decisions. Riders can supply their own rope and handle. The rope must be low-stretch or non-stretch. Ropes must be free of knots and in good condition. **NO EXCEPTIONS.**

All riders must use personal floatation (neo vests and barefoot wetsuits o-kay).

Maximum Speed: 30 mph

Vertical pylons or tower will be available.

NOTE: There will be a mandatory equipment check before the event.

Events are put on to facilitate the growth of the sport. If you have ideas for improvement, write them down and get them to us. Rules may change as deemed necessary by the chief judge. Events run by people are bound to be less than perfect. We will do our best, so please be patient!

Registration packets will be available July 1, 2000. Once again, California Skier will be handling all aspects of the registration process: 909-674-7900

For more info and updates go to:

[www.flightworlds.com](http://www.flightworlds.com)

### Flight Worlds 2000 Divisions

- ★ This year we have twice the number of divisions.
- ★ More riders than ever advance.
- ★ Find your division and go for the gold!
- ★ You *can* become a Flight Worlds Champion!

**Amateur:** *Never ridden away from an invert*

- ★ Amateur Girls to 17
- ★ Amateur Women Over 17
- ★ Amateur Boys to 17
- ★ Amateur Men 18-35
- ★ Amateur Men Over 35

**Intermediate Men:** Ridden out 1-3 inverts

- ★ Intermediate Men To 35
- ★ Intermediate Men Over 35

**Disabled – all ages**

**Men's Age Divisions/ Pros:** unlimited inverts

- ★ Juniors: up to 17 years old
- ★ Men: 18-29
- ★ Masters: 30-39
- ★ Veterans: 40+
- ★ Pro Women: any age
- ★ Pro Men: any age

(Age on January 1st of Current year)

*Please choose your correct division. No Sandbaggers!*

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 Murphy, Klarich, Stack, Kinnison, Christian, & more.  
 There's always someone around to ride!



## Free Ride Rules

This site is very long and suitably wide. Your ride begins on your first start attempt. The driver will pull out and head into the course. After turning you will get at least two passes up and back. Any second fall ends the run (starts included).

1. The rider is responsible for telling the driver boat speed.
2. Your ride should represent your range, ability, and creativity.
3. The highest possible score is 100.

**Subjective scoring on a scale from 0-25 will be awarded in each of the following four categories:**

**Air:** How big you go, intensity, energy, height, distance.

**Degree of Difficulty:** How hard your overall run is, performing difficult tricks (not the same ones).

**Technical Range:** Variety (lack of repetition) from all categories, performing technical tricks (many elements combined) Low Score: Too many rolls, too many jumps, too many inverts, etc...

**Performance:** Overall impression.

- ✧ The judge(s) will be looking for everything in your run including starts, straight-aways, turns, and landings.
- ✧ Keep moving, and show every trick you do, even if they are easy ones. Mix it up, and try to avoid repeating tricks. Show your style.
- ✧ Subjective scores from each category will be added together for the final points total. Max. score is 100.
- ✧ Rerides will be granted only if there was an obvious disadvantage to a rider from a controllable cause. (Rough water or stray wakes do not get a reride).

### Schedule: Sept 6-10, 2000

Wednesday (6th): Wakeboard prelims - challenge round.

Thursday (7th): Practice day for foilers.

Friday (8th): Free Ride prelims for all divisions - foiling.  
2nd round - wakeboard

Sat. (9th): Foiling finals (except pro men semis),  
Wakeboard semi-finals, Moto seeding rounds

Sunday (10th): Finals - Foil, Wakeboard, Moto.  
Big Air & Sick Trick finals!

**SCHEDULE SUBJECT TO CHANGE!**

All first round (qualifying) events will be run with Free Ride. Only those advancing to the Finals may be eligible to also compete in the Tricks Finals. The number of riders advancing is based on the number of riders in each division. About 1/2 of the field will advance. Big Air & Sick Trick are by invitation only.



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## Web Development & Photography



# FLIGHT HYDROFOILING "TRICKS" RULES 2000

2 - 25 second passes

10 different declared tricks in order, by pass + "wild card" dismount

Additional subjective scoring: 15-25% of the overall score.

♦ Attack sheets shall be submitted to the chief judge before the event. Runs may not be changed after the cut off time. Riders list tricks, point values, and boat speeds. Dismounts (wild card): need not be listed.

♦ All tricks must be done in order and from the pre-approved Tricks List. **You must complete 10 different tricks!**

♦ Tricks not listed *may not* be used in the Tricks event, but may be done in the Free Ride. New moves performed in Free Ride may be assigned point values for next year. New tricks (for next year) may also be submitted by videotape.

♦ Flips and gainers (somersaults) *must* have dominantly end over end rotation for credit. Rolling into or out of a "gainer" or "flip" will result in **NO CREDIT**. If you roll at all, call it a roll.

♦ Timing for the trick passes shall start when the contestant initiates the first trick after passing the indicated start point. Each trick pass shall end when 25 seconds have elapsed from the start of the pass, or the contestant falls in

the course. The last trick must be initiated (in air) before the 25 second limit to score. All tricks must be completed within 30 sec.

♦ The first pass shall consist of 5 tricks. The contestant will be picked up after the first fall during the first pass.

♦ **Any second fall shall end the run.**

♦ The second pass shall consist of 5 tricks with a "last chance" dismount only if the contestant does not fall at any point after the start of the second pass.

♦ **All Divisions:** A minimum of 2 tricks must contain a "jump category" maneuver or element.

♦ **Dismount:** A contestant who does not fall through or after the second pass gets wild card dismount. A pre-approved area with a landing buoy will be set, with safety of the riders and show value of prime consideration. The driver will return to the dismount area directly and immediately after the second pass.

♦ Credit for dismounts will be given for any attempt based on accuracy (1000 pt.) and style (1000 pt.).



## Flight HYDROFOILING

## TRICKS ATTACK SHEET

Name \_\_\_\_\_

Division \_\_\_\_\_

Pass 1 Tricks	Points	Judge's Use
1)		
2)		
3)		
4)		
5)		
TOTAL		

Style Points Pass #1  
Execution, Air, Composition  
1-2000

Subjective Total

PASS 1 TOTAL

Pass 2 Tricks	Points	Judge's Use
1)		
2)		
3)		
4)		
5)		
DISMOUNT		
TOTAL		

Style Points Pass #2  
Execution, Air, Composition  
1-2000

Subjective Total

PASS 2 TOTAL



- ♦ Rerides may be allowed at the discretion of the chief judge for variance of boat speed, unsafe conditions, or other *serious* extraneous conditions.
  - ♦ Protests must be made *in writing* delivered directly to the chief judge within 15 minutes of the posted results. Judges of that event will discuss protests. Videotape may be used as a back up. All judges' decisions are final.
  - ♦ **Men's Pro Only: "2 TRICK RULE":**  
Only 2 tricks or elements from each category can be performed. Categories include backside rolls, frontside rolls, front flips, gainers, helicopters, skidders, combos, wraps, grabs, releases, jumps, etc. If a contestant performs more than 2 tricks from one category, subsequent "repeaters" will be scored at one-half face value.
- Important Note:** numerous tricks count in two or more categories. Have questions? ASK!  
Examples: *Method Air Wrap* - jump, grab, and wrap categories. *BS Combo Skid Roll* - BS roll, combo, and skidder categories.

## Style points

A maximum of 2,000 style points can be earned for each pass. **Style = Execution, Air, and Overall Impression.**

## Combos

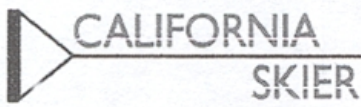
To receive credit for all combo maneuvers: After the board touches the water there must be immediate initiation of the next element. There can not be hesitation between any elements.

## Grabs

Tricks with a grab as an integral part of a trick will be considered as unique trick (wake jump vs. seat lift). For tricks that are defined with a grab, a grab is defined as **an obvious, clear, and controlled meeting of the rider's hand and the board or seat tower.** Slaps, hits, and/or swats are not adequate demonstration of a grab! No additional points will be formally added to high end moves adding grabs (rolls, flips, helis). They may, however, receive consideration in the style category.

All First Round Hydrofoiling is with Free Ride Format.



You may eligible to compete in the Tricks finals **only** if you survive the first round Free Ride. Riders who advance will be determined on site based on the number of competitors in each division.



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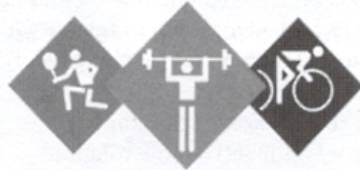
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# **FLIGHT HYDROFOILING TRICKS LIST - 2000**

## **BASIC TRICKS**

Cross One Wake	100
Cross Both Wakes (start outside, end outside)	200
Ride with One Hand (minimum 3 sec.)	200
Touch Water (one hand)	250
Off the Wake Turn (use outer wake as a reference point to change directions)	200
Moguls (turns across both wakes up-across-down the trough: min. 3 times)	500

## **JUMPS**

Mini Jump (any part of front blade must clear the water)	250
Air Jump (entire front and rear blade must clear water. No wake)	300
One Wake Jump (jump using wake as take off point)	350
Double Wake Jump (ski leaves wake and lands at or past the 2nd wake)	400
Smacker (jump off outside of wake during off the wake turn, land further out)	350
One Hand Jump (free hand off handle during jump)	450
Fashion Air (free hand above head and back, silly face optional)	500
McThruster (wake/mid/wide; tip drop w/ hips forward & shoulders back)	500
Quiver (wake/wide, move tip of board up and down min. <b>three</b> times)	500
<b>Shifty</b> -inside (wide, board spins into boat, then reverse direction for landing)	550
Typewriter (wide, jump w/ min. <b>four</b> handle passes in typing motion)	550
Stiffy (board horizontal to water w/ bottom towards boat)	600
Flying Chicken w/ Sound (wide, flap arms min.3 time w/ <b>audible</b> bird sound)	650
Air Wrap (air jump, wrap in mid air, land wrapped)	800
Wake Wrap (2 wake jump with mid air wrap)	850
Undertaker (wide jump with one hand handle grab under both legs)	850
Rodeo (reach b/n legs & grab handle, free hand back, <b>audible</b> "YeeHaa!")	875
Back-at-Cha (wide, board & head spin away from boat & back)	750
Back-at-Cha 180 - <i>outside</i> (wide, board & body spin completely away & back)	1200

## **Release Moves**

Floater (jump w/ two hand handle release and recovery)	800
Swinging Door (wrapped air jump to floater while unwrapping)	950
Lazy Boy (floater w/ both hands touching head)	1150
Method Floater	1200
Skidder Floater (floater while skidding)	1200
Spinner (floater w/ min. 360 handle rotation)	1200
Nancy (floater w/ two hand rail grab near feet)	1250

## **Grabs**

Seat Lift (grab near footman loop at side & pull up)	600
Reach Around (tower grab: any part of tower except seat)	675
Tail Grab (right hand right rail grab near tower base or left hand grabs left...)	750
Method Air (right hand/right rail grab near foot, or left hand grabs left rail...)	750
Nose Grab (grab nose of board w/ either hand in air)	800
Cross Rocket Tail Grab (rear tail grab down and across board)	800
Method McThruster (method grab followed by McThruster)	825
Cross Rocket Stiffy (Stiffy with rail grab <i>across</i> board near foot)	850
Strut Grab	1150
Method Air Wrap (method grab followed by air wrap)	1150

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photo: Cameron Starks

**One Hand Jump**



photo: Kingman/ rider: Stack

**Air Wrap**

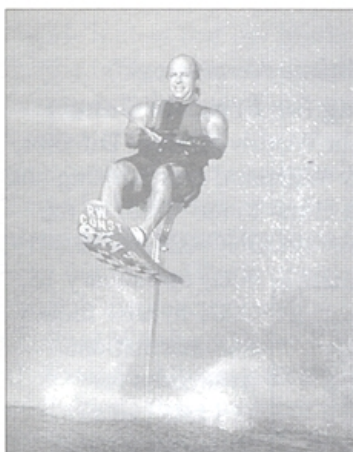


photo: Kingman/ rider: Peter Schomo

**Lazy Boy**



photo: Kingman/ rider: Mack

**Skidder**

rider: Brent Roberts

**Air Gainer**

photo: Kingman/ rider: Klarich

**Double Barrel**

## SKIDDERS

Skidder (bottom of front wing rides <i>continuously</i> on top of water, 2 second min.)	600
Jump to Skid (double wake jump to skidder, board can't touch water)	800
Wake Cross Skidder (skid crossing both wakes)	850
Skinned Knee (skidder while holding handle vertically w/ knees)	900
Skidder Wake Jump (double wake jump while skidding, land in skidder)	1100
Skid Roll (BS or FS roll to skidder, board can't touch)	1250
Gainer Skidder (gainer to skid, board can't touch)	1350
BS Combo Skid Roll (BS combo roll to skidder, board can't touch)	1750

## INVERTS

### Wake

BS Roll (side over side rotation, shoulders moving back)	1150
FS Roll (side over side rotation, shoulders moving forward)	1200
Blender (BS roll with helicopter wrap)(counts in BS roll group)	1250
Gainer ( <i>must</i> rotate end over end)	1300
Front Flip ( <i>must</i> rotate end over end)	1400
Colonel Saunders (wake wrapped gainer rotating inside rope, land unwrapped)	1450

### Air (NO WAKE)

Pogo Roll (BS air roll: side over side rotation, shoulders moving back)	1200
Air Blender (BS roll with helicopter wrap)	1200
FS Air Roll (side-side rotation, shoulders moving forward)	1250
Air Gainer (back flip cutting to left or right, <i>must</i> rotate end over end)	1250
Submarine (BS air roll to complete submersion w/ recovery)	1350
Flat Spin (air invert, foil does not go over head)	1450
Air Front Flip	1450
Gainer Floater ( <i>must</i> do floater while inverted)	1450
Smoke & Mirrors (wrapped gainer, land unwrapped)	1450
Undertaker Gainer ( <i>must</i> have undertaker while inverted)	1500

## COMBOS

### Sink Style

Jump-to-Jump Combo (double wake jump to immediate air jump)	800
Kangaroo (min. 3 combo jumps, may be done anywhere)	1000
Air Jump-to-Roll Combo (air jump to immediate BS or FS Roll)	1350
Wake Jump-to-BS Roll Combo (2 wake jump to immediate BS Roll)	1450
Wake Jump-to-FS Roll Combo (2 wake jump to immediate FS Roll)	1500
Air Jump-to-Wrapped Heli Combo	1600
Double Barrel (FS roll to immediate FS roll)	1725
Triple Barrel (FS rolls)	2075
Skidder-to-Roll Combo	1300
Roll-to-Skidder Combo	1300
Front Flip-to-Skidder Combo	1500
Jump-to-Front Flip Combo (double wake jump to immediate front flip)	1600

### Swoop Style

Gainer Jump Combo	1450
Gainer-BS Roll Combo	1650
Double Combo Roll (BS roll to immediate BS Roll)	1650
Gainer Combo (both gainers <i>must</i> be end over end)	1725
Triple Combo Roll (BS)	2000
Quad Combo Roll (BS)	2200
Up to 7 combo (+100 for each roll above 4)	max. 2600

## MISC. MOVES

Power Turn (low slalom turn with weight <i>supported</i> on hand "surf turn")	1100
Body Slide (entire arm and side <i>must</i> be supported by the water)	1300
Air wrapped helicopter	1500
Wake wrapped helicopter	1575
Air hand-to-hand helicopter	1625
Whip-tic (air 180, land backwards to front)	2000



## Infomercial – SportsCare

Look for Tony Klarich and his Sky Ski to be coming your way soon on a national infomercial for SportsCare. Klarich hooked up with the sports creams manufacturer through Terry Weyman, DC. SportsCare is sponsoring Weyman's Climb of Aconcagua next year (see Expedition Awareness in X-news). Other spokespeople appearing for SportsCare include top jockey Kent DeSormeas (winner of the 1999 Kentucky Derby), body builder Joe DeAngeles (former Mr. Universe), and Dr. Christine Lyden (top female X-athlete). The half-hour TV show selling muscle and pain relief products will be great publicity for foiling, placing it side by side with many other established sports and well known world champion athletes. For more information about these great products (including super sun care creams) call SportsCare: **1-800-224-3600**

## Kneed Air?

In response to your article on bragging Billy, you may want to check some of the facts before you print them. (winter '99 *Flight*) Let me introduce myself, not one time, not two time, but **THREE** time Budweiser ESPN Overall Champion, countless AKA PRO Champion, not amateur like your Mr. Billy Baldspot, The Reigning **WORLD** Champion Jonathan McDonald. Not attempting doubles but executing them with ease, Mr. Jonathan McDonald. Not to mention showing off in front of 100,000 people in Australia, also in England, Guatemala, Canada, and all over the U.S. When, in fact if, Mr. Billy Badass can follow those credentials, then I'd think you would be able to print that he is spanking me in kneeboarding. Hey in your article you said ask me if I don't believe it.

*The Flight Worlds would like to extend an open invitation to Jonathan McDonald and Billy Rossinni to have a one on one kneeboard challenge on Sunday during the Flight Worlds. The format will be expression session with a weighted boat and Air Boom extended pylon. Bring your boards and have at it!*

## "Expedition Awareness"-

### Climbing for Prostate Cancer

The Flight Worlds Medical Director, Dr. Terry Weyman, is organizing and leading a climb to the "Roof of the Americas", ACONCAGUA (22,841

feet) on January 15, 2001 to raise money and international awareness for prostate cancer. Weyman's father died of prostate cancer in 1990. The expedition's goal is to raise over \$1 million through corporate and individual sponsors. This money will be funneled through a nonprofit fund in the name of

Hap Weyman, Terry's father. The money will be designated for public awareness, education, and research for the continued hopes of finding a cure. The Flight Worlds 2000 will be donating a portion of its proceeds for

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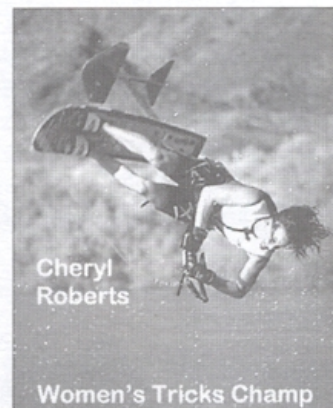
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this fine cause, and to support Dr. Weyman for his unselfish help in the hydrofoiling community. More details coming in future editions of *Flight*.

## CLW CLUB & Flight Worlds

The Canyon Lake Wakeboard Club (CLWC) has joined forces with Flight Worlds 2000 to co-op on two tournaments this year. The August 12, 2000 CLWC Tournament will be one way that wakeboarders can qualify for the Flight Worlds. Ten riders from the club tournament will automatically be seeded into the second round of the Flight Worlds wakeboarding, and will also receive free entry into the tournament. The CLWC will also set up a booth on site at the Flight Worlds to field questions about the club and sign up new members. In exchange the CLWC will be helping to run and organize the wakeboarding during the Flight Worlds on Wednesday and Friday-Sunday.



CLW Club Pres.,  
Darrin Medley

The Canyon Lake Wakeboard Club is Southern California's premier wakeboard connection. It was founded in 1998, by a group of wakeboard enthusiast committed to promoting the sport of wakeboarding. After just one short year, the CLWC Tournament Series has become one of the most recognized amateur tournament events in the world. Club President Darrin Medley says, "We have witnessed the excitement of professional level riding, have seen families and friends come together, beginners participate in their first contests, and our children gather around the prize table like it

was Christmas morning." Shannon Starling of the World Wakeboard Association also commented on the Club, "Your club has proven that it knows how to organize and run a first-class professional tournament."

CLWC's series of tournaments, learn to wakeboard days, and much more are now on-line.

[www.wakeboardclub.com](http://www.wakeboardclub.com)

## Foiling in Sports Illustrated

Laird Hamilton and his air board are gracing the pages in the latest *Sports Illustrated*, swimsuit edition. He is shown stoically holding his wakeboard with a hydrofoil, and even has a couple quotes about why he likes the new sport. He says he is into going fast rather than getting air, and rumor has it he plans on riding waves with his newest "ankle breaker". Inventor of the sport Mike Mack is excited that his "baby" has received the international spotlight and endorsement by such a well-known personality.

Look for an exhibition competition of air boarding at the Flight Worlds 2000.

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### Stock#402 "Hydrofoiling TWO" (int/adv) \$29.95

Hold on to your seats. It's taken ten years for foiling to advance to this level, and now it's available to you! Rolls, flips, combos, helicopters, and much more are all included. From big air, to technical tricks and style moves, it's all here. You'll never have to learn alone again. Tony Klarich, Jake Kinnison, and Jon Wilborn head up your team of teachers. With multiple camera angles, slow motion, and personal advice, this video is the ultimate instructional guide for advanced riders!

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rider: Damon Moore/ photo: Kelly Kingman

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